



**SOUTH OXFORDSHIRE HEAT
BASKETBALL CLUB**



South Oxfordshire Heat Youth Basketball League – Central Venue: Oxford Brookes, OX3 0BP

SOHYBL - Rules/Logistics 2018/2019

- Age groups: U10s, U12 development, U12 premier, U14 development, U14 premier, U14 girls, U16/U18 development, U16/U18 premier;
- 4*6/8/10 min quarters running clock depending on the age group (stop clock on free throws). 1 min break between quarters, 2 min half time break and 1x1 min time out per team per game;
- Recommended squad size of 10-12 players who should be given equal court time where possible – discretion is with coaches;
- National League registered players can play in the premier leagues but not in the development leagues unless specific circumstances are agreed in advance of tournament days;
- U10s(<yr5) and U12s(<yr7) will observe the following Mini-Basketball England rules (<http://www.mini-basketball.org.uk/downloads/rules/fiba-mini-basketball-rules.pdf>): size 5 basketball, no zone defence, 3 second and 5 second rules, player fouled out after 5 personal fouls, normal free throw rules except shoot one shot for 2 points (U10s can take one step forward from the foul line). In addition, these age groups will use a 10ft hoop, the 8s and 24s rules will be enforced and full court D permitted unless a team is winning by more than 15 points. Screening on and off the ball is permitted.
- U14s(<yr9) and U16s/U18s(<yr13) will follow EBL/FIBA rules (and played with a size 6/7 basketball respectively).
- 1 league point awarded for a loss and 3 points for a win. Forfeited game will be recorded 20-0 with no point awarded for the loss.
- Teams will have 3-4 tournament days in the season with 2 games per tournament day. Games will be held on Saturday afternoons from 12pm to 5pm at Oxford Brookes Headington Campus;
- Medals will be presented for the 1st/2nd place teams with additional awards per age group for the league MVP, MIP, Top Scorer, MV Defensive Player (see honour roll below for prior years);
- Entry fee for the league will be £50 per team per tournament day;
- In the interests of monitoring player improvement alongside the Basketball England areas of emphasis, statistics will be recorded and made available for all games prior to finals days;
- Officials for each CVL game will include: 2 qualified referees, 1 table official.
- Please arrive 20 minutes before your scheduled game and present a completed team sheet to the table officials.
- Participating teams agree that SOHBC may record/photograph games and may use video/photographs on website/social media etc. Camera registration forms will be available on game days for anyone who wishes to take video/photographs in accordance with the Basketball England guidelines and the SOHBC code of conduct.
- Participating teams confirm that all players are registered with Basketball England and agree to produce licence cards/registration numbers if requested.

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SOHYBL Winners

	U10	U12	U14	U14G	U16
2016/2017	Winchester City Royals	Shenley Scorpions	Oxford Hoops	N/A	Oxford Brookes
2017/2018	Winchester City Royals	Solent Kestrels	Reading Rockets	Reading Rockets	Shenley Scorpions
2018/2019					
2019/2020					
2020/2021					
2021/2022					
2022/2023					
2023/2024					
2023/2025					
2025/2026					

SOHYBL Runners Up

	U10	U12	U14	U14G	U16
2016/2017	Oxford Hoops	Abingdon Eagles	Wantage Wizards	N/A	Shenley Scorpions
2017/2018	South Oxfordshire Heat	Yateley Silverbacks	Shenley Scorpions	Winchester Royals	Reading Rockets
2018/2019					
2019/2020					
2020/2021					
2021/2022					
2022/2023					
2023/2024					
2023/2025					
2025/2026					

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SOHYBL Honour Roll (U10)

	Top Scorer(s)
2016/2017	Mahalingham L, Eagles & Owusu M, Royals
2017/2018	Mahalingham R, Heat
2018/2019	
2019/2020	
2020/2021	
2021/2022	
2022/2023	
2023/2024	
2023/2025	
2025/2026	

SOHYBL Honour Roll (U12)

	MVP	MVDP	MIP	Top Scorer
2016/2017	Ngienga J, Scorpions	Mahalingham L, Eagles	Tzanos, Hoops	Milbank H, Eagles
2017/2018	Takhar, Kestrels	Mahalingham L, Heat	Daines, Silverbacks	Owusu M, Royals
2018/2019				
2019/2020				
2020/2021				
2021/2022				
2022/2023				
2023/2024				
2023/2025				
2025/2026				

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SOHYBL Honour Roll (U14)

	MVP	MVDP	MIP	Top Scorer
2016/2017	Remolano, Hoops	Rezette J, Devils	Sahote V, Brookes	Cheshire S, Wizards
2017/2018	Catapang, Rockets	Norris, Royals	Dang, Scorpions	Tzanos, Hoops
2018/2019				
2019/2020				
2020/2021				
2021/2022				
2022/2023				
2023/2024				
2023/2025				
2025/2026				

SOHYBL Honour Roll (U14G)

	MVP	MVDP	MIP	Top Scorer
2016/2017	N/A	N/A	N/A	N/A
2017/2018	Fry J, Royals	Appleby-Prince, Heat	Rainbow, Hornets	Woods, Rockets
2018/2019				
2019/2020				
2020/2021				
2021/2022				
2022/2023				
2023/2024				
2023/2025				
2025/2026				

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SOHYBL Honour Roll (U16)

	MVP	MVDP	MIP	Top Scorer
2016/2017	Sheehan W, Brookes	McLeod A, Scorpions	Nash M, Eagles	Sheehan W, Brookes
2017/2018	Needham, Scorpions	Cawley, Heat	Iledia, Rockets	Macleod, Scorpions
2018/2019				
2019/2020				
2020/2021				
2021/2022				
2022/2023				
2023/2024				
2023/2025				
2025/2026				

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